

Las Salle COUNTY COMMUNITY RESOURCES

Resources	Agency Name	Phone	Address	Services provided/Notes
<b>General</b>	Emergency police/EMS/Firefighter	911		
	United way hotline	211		Community resource hotline in Texas
	National Suicide Prevention Lifeline	800-273-8255		Available 24 hours. Offers confidential support for people in distress.
	Poison Center	1-800-222-1222		
	Texas Abuse Helpline	1-800-252-5400		
	Utility Assistance Program	830-876-1212	<b>707 Buckley Cotulla, TX 78014</b>	Assistance with food, clothing, rent, utilities, prescriptions and emergency dental
	Workforce Solutions Alamo	512-556-4055	1305 S Key Suite 102 Lampasas, TX 76550	Job Search assistance
<b>Food</b>	Health and Human Services Food stamp office	830-769-3507	1306 Jiffy Blvd Jourdanton, TX 78026	TANF/ Food Stamps/ Medicaid
	WIC	<a href="tel:8308769755">(830) 876-9755</a>	109 S 1st St, Carrizo Springs, TX 78834	Serve both Dimmit and Lasalle county
	Food Bank	830-876-9105	127 FM2367, Carrizo Springs, TX 78834	Based on income
<b>Housing</b>	Cotulla Housing Authority	830-879-2935	Cotulla, TX	

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<b>Legal Offices</b>	TX legal Aid	210-212-3700	1111 N Main Ave San Antonio, TX 78212	
<b>Safety</b>	Winter garden Women Shelter	830-876-5676	Carrizo Springs, TX	
<b>Health</b>	South Texas Rural Health Services	830-879-2502	105 Stewart St Cotulla, TX 78014	
<b>Substance Abuse Services</b>	NA Esperanza Area	210-434-0665	<a href="http://www.eanaonline.org">www.eanaonline.org</a>	
	AA Central service of San Antonio	210-821-6325	884 Tradeway San Antonio, TX 78217	
<b>Mental Health</b>	Camino Real Community Services	210-357-0300  Crisis Phone 800-543-5750	19965 FM 3175 N Lytle, TX 78052	